

Reflections

FROM MOM'S NIGHT OUT ONLINE

Date:

Topic:

My favorite take-a-ways: (notes)

In light of these recent take-a-ways

I will STOP:

-
-
-

In light of these recent take-a-ways

I will START:

-
-
-

This week I will share what I learned with:

(Write the names of 3-4 friends)

1.) _____

3.) _____

2.) _____

4.) _____